

ATTITUDE TOWARDS FAMILY PLANNING PROGRAMS AMONG MIZO WOMEN IN RELATION TO THEIR EDUCATION, OCCUPATION, SOCIO-ECONOMIC STATUS AND LOCALE

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ABSTRACT

The growth in population has put a lot of stress on the economy, ecological balance and hampers even the bio-diversity of a given place. The present study stresses on the importance of family planning and focuses on the attitude towards Family planning among Mizo women and tries to identify any significant differences in attitudes depending on the educational level, Socio-Economic status, occupation and locale (Rural v/s urban). The study gives an overview of the population of Mizoram, birth rate, death rate, fertility rate, growth rate, etc as depicted in the last nationwide Census of 2011; it also examined the attitudes of the Mizo people when the Family Planning scheme was initially launched by the Government of India during the time of Indira Gandhi. The study attempts to identify if certain factors have an impact in the attitude towards family planning among Mizo women; the study examined factors like Educational level, Socio-Economic status, occupation and locale as instrumental in forming attitudes towards family planning. It also determines the significant differences in the attitudes towards family planning of Mizo women in the aforementioned group which throws light on the current attitudes held by Mizo Women from the aforementioned groups. The study further gives remedial measures to instil or create a more positive attitude towards family planning.

KEYWORDS: Family Planning, Attitude, Locale, Socio-Economic Status, Occupation, Education

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